

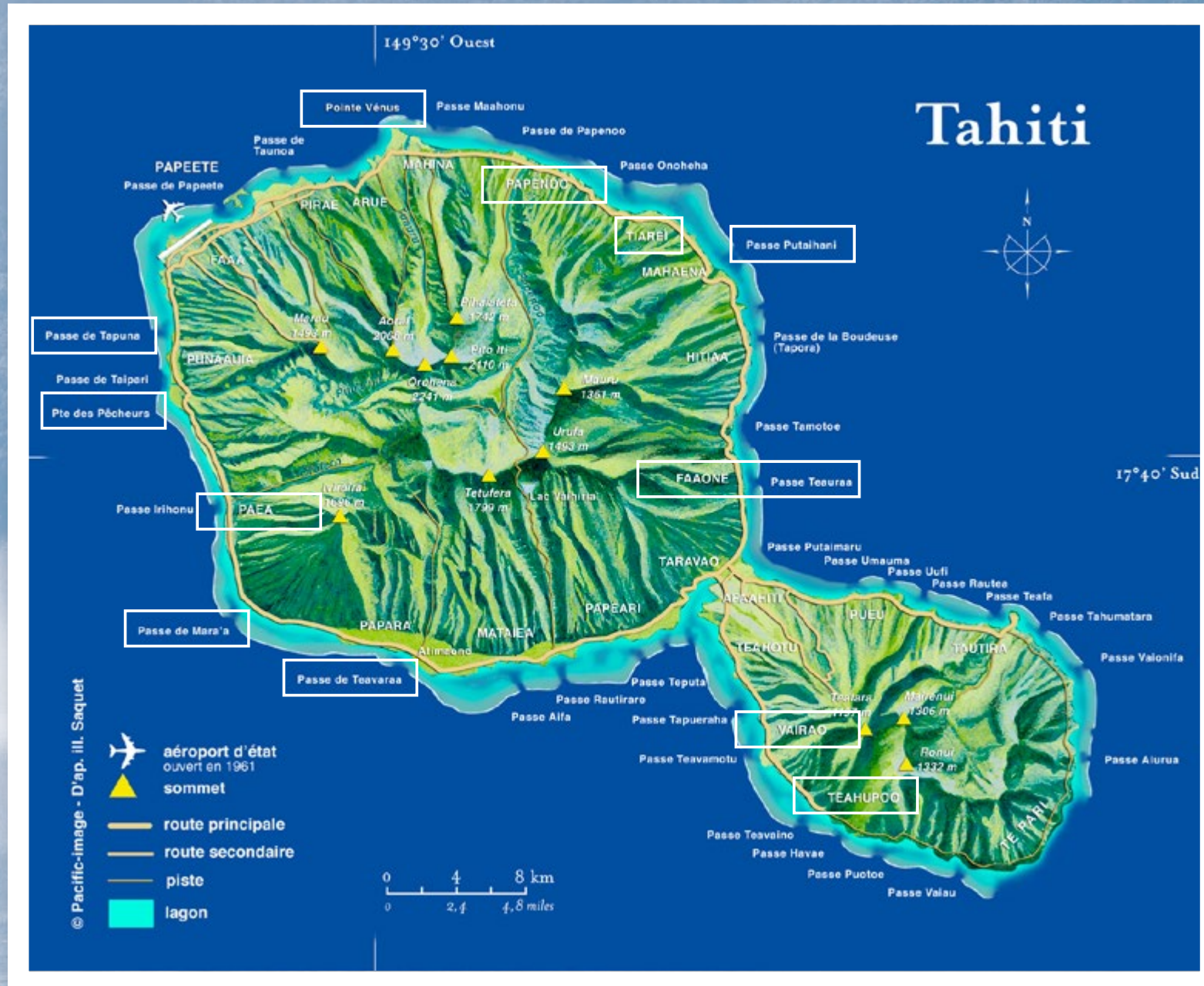
# SURF SPOTS

# IN FRENCH POLYNESIA

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# SURF SPOTS IN FRENCH POLYNESIA

## TAHITI



# SURF SPOTS IN FRENCH POLYNESIA

## TAHITI



**PUNAAUIA - TAAPUNA**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 20 min paddling or boat  
**Large and consistent waves**



**PUNAAUIA - SAPINUS**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 10 min paddling  
**Powerful waves to be tested!**



**PAEA - FACING THE TOWN HALL**

**Type :** Beach  
**Level :** All  
**Access :** Parking  
**Small waves every day in any weather**



**PAEA - MARAA**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 20 min paddling or boat  
**Thick wave, fast. Dangerous spot because of the shallow water**



**PAPARA - TAHARU'U BEACH**

**Type :** Beach  
**Level :** All  
**Access :** Parking  
**Accessible spot to all and locals**



**VAIRAO**

**Type :** Beach  
**Level :** All  
**Access :** 10min paddling  
**Moderate wave, ideal for maneuvers**



**TEAHUPOO**

**Type :** Coral reef  
**Level :** Pro  
**Access :** 20 min paddling or boat  
**Dangerous spot. Reef beneath the water surface. For pros only.**

# SURF SPOTS IN FRENCH POLYNESIA

## TAHITI



**FAAONE - TEAURAA PASS**

**Type :** Beach  
**Level :** All  
**Access :** Parking  
*Irregular spot. Fun surf*



**MAHAENA - PUTAIHANI PASS**

**Type :** Beach & river  
**Level :** All  
**Access :** Parking  
*Accessible spot to all. Busy weekends.*



**TIARE - BLOWHOLE**

**Type :** Rocky reef  
**Level :** Intermediate & expert  
**Access :** Parking  
*Dangerous spot because rocky reef. For bodyboards too.*



**PAPENOO - THE EMBOUCHURE**

**Type :** Beach & river  
**Level :** All  
**Access :** Parking  
*Nice waves. Busy spot on weekends.*



**PAPENOO - THE BAYS**

**Type :** Beach  
**Level :** All  
**Access :** Parking  
*Ideal for beginners. Easy session for intermediates.*



**PAPENOO - OROFARA**

**Type :** Beach  
**Level :** All  
**Access :** 10min paddling  
*Moderate wave, ideal for maneuvers*



**MAHINA - VENUS POINTE**

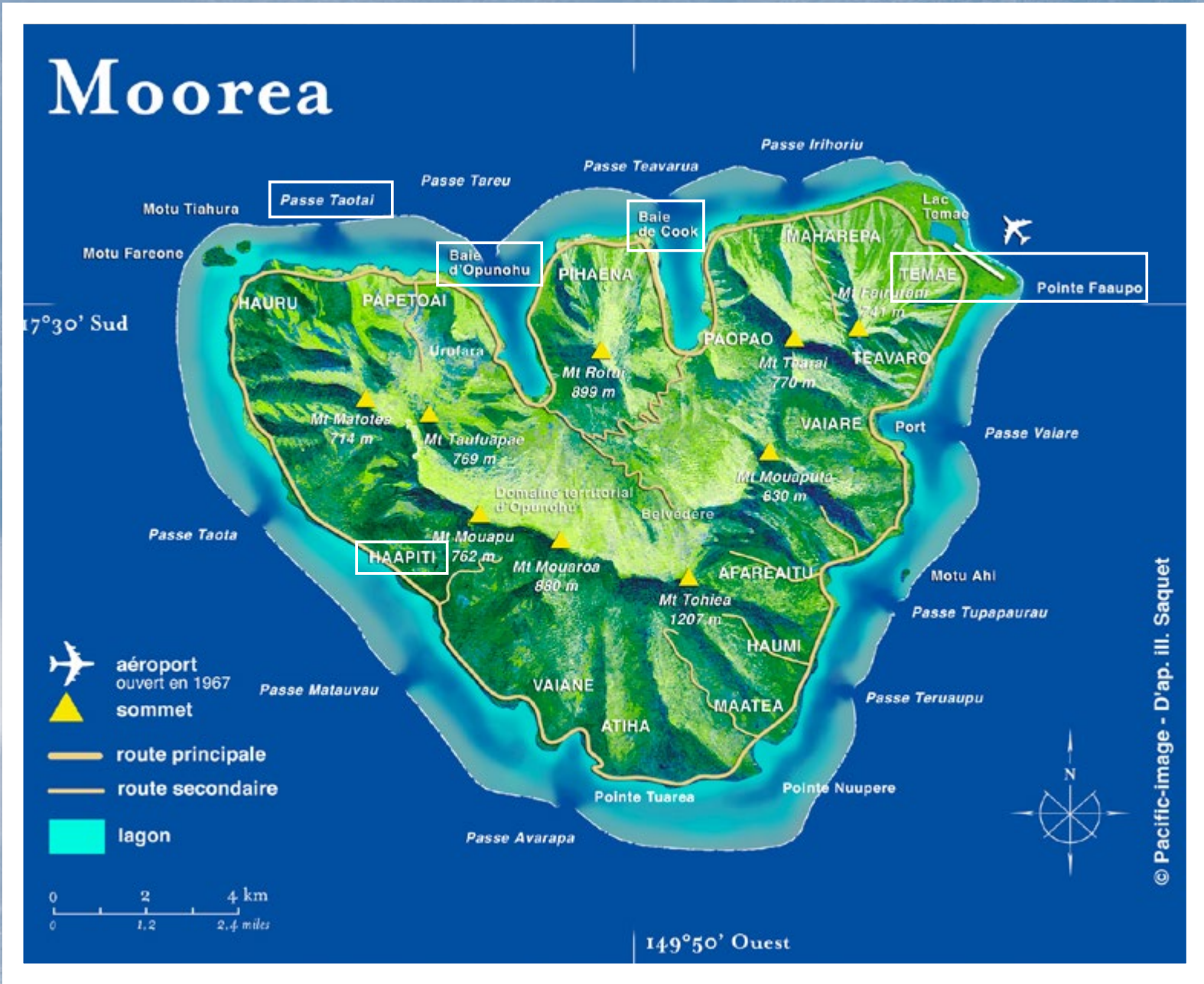
**Type :** Beach  
**Level :** All  
**Access :** Parking  
*Fun spot. For kitesurfers beginners.*



**ARUE - LA FAYETTE**

**Type :** Beach  
**Level :** All  
**Access :** Parking  
*Ideal spot for short sessions*

# MOOREA



## MOOREA



**TEMAE - TEMAE BEACH**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 20 min paddling  
***Dangerous spot, strong waves and shallow reef***



**COOK'S BAY**

**Type :** Coral reef  
**Level :** All  
**Access :** 20 min paddling or boat  
***Powerful right. Hollow tube, quick. Surf spot depending on the wind.***



**PAPETOAI – OPUNOHU'S BAY**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 20 min paddling or boat  
***Unbusy spot. Dangerous if strong swell.***



**TIAHURA - TAOTAI**

**Type :** Rocky reef  
**Level :** Intermediate & expert  
**Access :** 20 min paddling or boat  
***Great spot. Watch out for strong currents!***



**HAAPITI**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 20 min paddling or boat  
***Busy spot on weekends***

# HUAHINE



## HUAHINE



**FARE - FARE PASS**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 20 min paddling or boat  
**2 spots: left and right. Unbusy spot**  
**Go there with a local guy**



**FITII - FITII PASS**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 20 min paddling or boat  
**Short wave. Cool when the swell is nice. Tough when the swell is strong**



**PAREA - PAREA PASS**

**Type :** Coral reef  
**Level :** All  
**Access :** 20 min paddling or boat  
**Beautiful spot to be respected. Unbusy spot. Go there with a local guy**



# RAIATEA - TAHA'A



## RAIATEA - TAHA'A



**RAIATEA - FAAROA**

**Type :** Coral reef  
**Level :** All  
**Access :** 20 min paddling or boat  
**Well known spot. To be tested!**



**RAIATEA - VAIHUTI**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** By boat  
**Isolated spot, unbusy. Beautiful waves**



**RAIATEA - TURUI**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** By boat  
**Isolated spot, unbusy. Great sessions**



**RAIATEA - TEAVAPITI**

**Type :** Coral reef  
**Level :** All  
**Access :** By boat  
**Short waves, left and right**



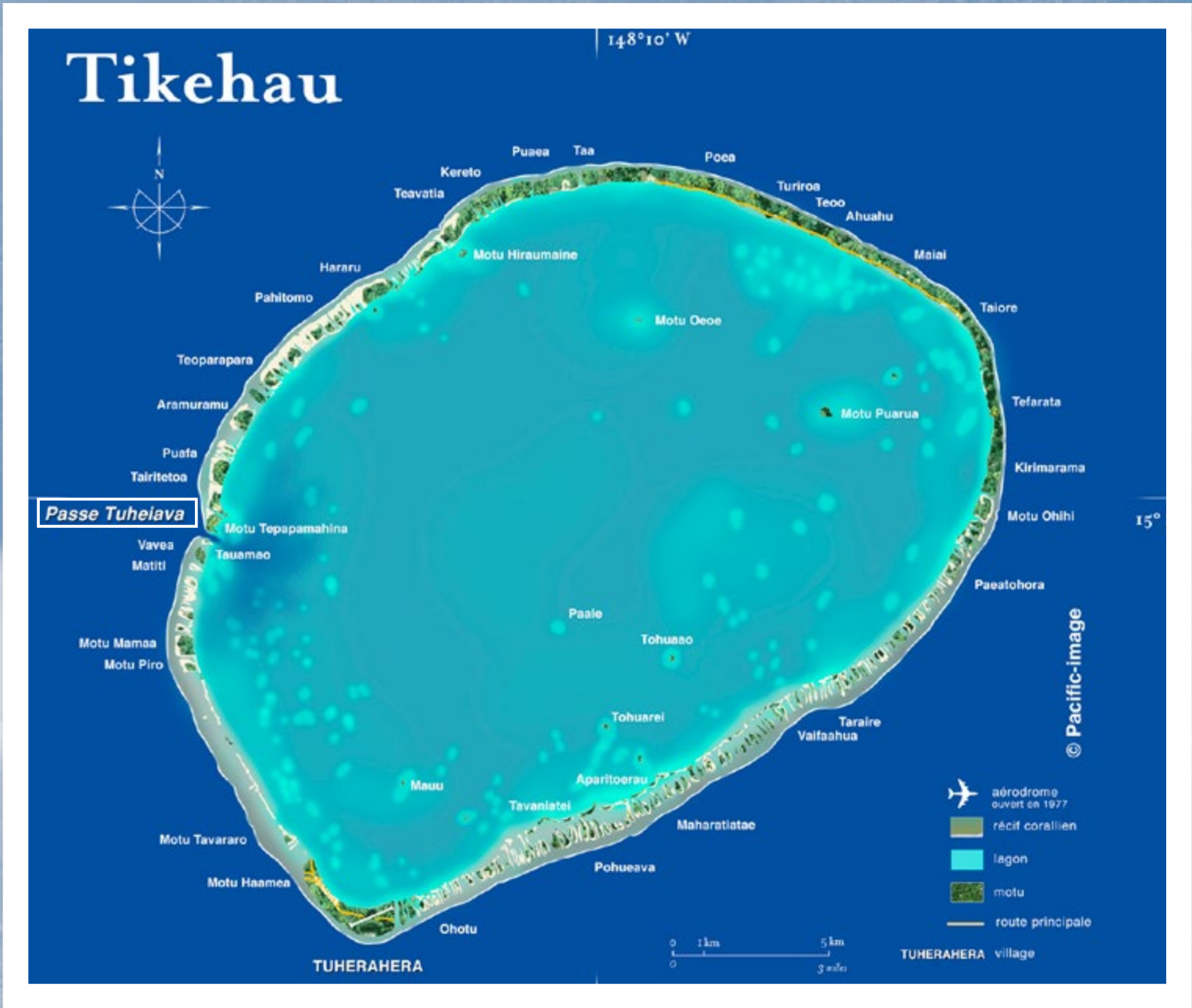
**TAHA'A - TIVA - PAI-PAI**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** By boat  
**Accessible spot if good conditions and moderate swell**

# RANGIROA



# TIKEHAU



## RANGIROA - TIKEHAU



**RANGIROA - AVATORU PASS**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** 220min paddling or boat  
**Hollow wave, fast. Busy on weekends**



**TIKEHAU - TUHEIAVA PASS**

**Type :** Coral reef  
**Level :** Intermediate & expert  
**Access :** By boat  
**Beautiful waves are formed there.  
Watch out for strong currents.**

**IMPORTANT :** The details given in this document are for informational purposes only and does not guarantee in any way the regularity of each place. The surf spots mentioned have not been tested by our agency, which can not be held responsible in case of accident. Caution is required in all places, especially in the Leeward and the Tuamotu Islands. Also be aware that some local are very protective of their environments and often privatize surf spots.

# THE PROVIDERS

We recommend travelers to take their surfing equipment with them during their stay in French Polynesia, the hiring of boards being limited in Tahiti only. For the transport of voluminous baggage, special conditions apply (bus, inter-island flights, etc.). Thank you for returning to your booking agent.

## ALOHA SURF SCHOOL TAHITI

Pointe des pêcheurs, Punaauia  
 GSM : (689) 89 33 82 09  
 Mail: [contact@alohasurftahiti.com](mailto:contact@alohasurftahiti.com)  
 Site web: [www.alohasurfschooltahiti.com](http://www.alohasurfschooltahiti.com)  
 Rates  
 Rates  
 Surf class : From 4500 xpf

## ECOLE DE SURF TURA'I MATAARE

Servitude Papararau, Punaauia  
 GSM: (689) 87 77 27 69  
 Mail: [surfschool@mail.pf](mailto:surfschool@mail.pf)  
 Site web: [www.tahitisurfschool.info](http://www.tahitisurfschool.info)  
 Rates  
 Rates  
 Surf class: 4800 xpf  
 Rental: 1500 xpf\*

## FREE SURF SCHOOL TAHITI

Mahina  
 GSM: (689) 87 29 46 85  
 Mail : [freesurfschool.tahiti@gmail.com](mailto:freesurfschool.tahiti@gmail.com)  
 Site web: [www.freesurfschool-tahiti.com](http://www.freesurfschool-tahiti.com)  
 Rates  
 Rates  
 Surf class: 2500 xpf  
 Rental: 2500 xpf\*

\*: Conditions to see directly with the surf school

# LIST OF THE SURF COMPETITIONS

## International competitions

- Rangiroa Pro Open – Rangiroa – Tuamotu
- Papara Pro Open – Papara – Tahiti
- Tahiti Teahupo'o Pro

## Local competitions

- Taapuna Masters – Punaauia - Tahiti
- Taapuna Pupu Horue – Punaauia - Tahiti
- Papara Pro Junior – Papara - Tahiti
- Papara Pro Vahine junior – Papara - Tahiti
- Vaiparaoa Sapinus Surfing and Body Boarding – Pointe des pêcheurs – Punaauia
- Championnats : Tahiti Open Tours, Tahiti masters Tours

Registration at the office of the Tahitian Surf Federation. It will be necessary to inquire directly with the Federation as certain competitions require necessarily a license.

# TRANSPORT CONDITIONS

## Heavy or voluminous baggage

### *Domestic flights*

#### **AIR TAHITI**

Please note that surfboards are only accepted under 1,80m long, only on ATR flights and availability permitting. Any voluminous baggage exceeding 1,80m must be presented to the freight department. This service closes 120 minutes before each departure. We recommend travellers to come to the check in counter 3 hours before to drop their package and have a direct confirmation. We can not guarantee in advance the booking and the availability of freight on the requested day. It is possible that your package does not travel on the same flight than you.

### *International flights*

#### **AIR TAHITI NUI**

Air Tahiti Nui allows you to register for free, in addition to your franchise, a surfboard, body board, longboard, kite-surf, or paddle of 23 Kg and 250 cm long maximum.

#### **AIR FRANCE**

Prior approval of Air France Customer Service is required. The request must be made no later than 48 hours before the departure of your international flight. Your surf board is considered as a standard hold baggage if its size is less than 300 cm and its weight is 23 kg. His transport is included free of charge in the price of your air ticket and if it is the only piece of luggage that you entrust to us (or one of the 2 cabin baggage if you travel in Business or First class.

For each airline company, we recommend to go ahead for any information or reservation of sports equipment. Please note that each company has its own respective conditions.

# MEANS OF TRANSPORT

## AVIS – Rental car

Car racks are available for rent only on vehicles of category B (Economy), C (Compact), D (Intermediate), and F (Compact automatic). For the installation of racks the price is 500xpf.

For renting racks:

- From 1 to 7 days of rental, the rate is 1500xpf / day.
  - For rental of more than 7 days, package of 10 500xpf / stay.
- Booking racks with the rental car, direct payment at the AVIS counter.

## TAXI

Taxi fare:

- 1000xpf cover + 130xpf / km + 500xpf (for voluminous baggage: surfboards etc)
- 100xpf / baggage (medium or large suitcases)

Please note that not all taxis are equipped for transporting surfboards. We recommend requesting a quote from the taxi specifying the number of people, the presence and the number of surf boards before getting into the vehicle.